

# RUTH WILLIAMS, MD

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Internal Medicine Physician

+1-561-597-5413 | rwmedicine00@gmail.com | Vero Beach, FL, USA

## Professional Summary

Board-certified Internal Medicine physician with 10 years' combined hospitalist and general practice experience in the U.S. and Jamaica, spanning rural, urban, and underserved communities. Skilled in inpatient care, acute and chronic disease management, and interdisciplinary collaboration. Experienced in community health outreach and local service initiatives, with a strong commitment to serving diverse populations. Actively pursuing hospitalist and clinical opportunities in Canada. Research contributions span clinical medicine, public health, and infectious disease, particularly HIV/AIDS and epidemiology.

## Licensure

- **ABIM Board Certified in Internal Medicine, 2024** (active)
- Florida & Jamaica Medical Licenses (active)
- MCC ECA (active)
- CELPIP certified: CLB 12 (L/S/W), CLB 11 (R)

## Education & Training

**Internal Medicine Residency** – HCA Florida JFK Hospital / University of Miami Miller School of Medicine GME Consortium, Jul 2021 – Jun 2024

**MBBS** – University of the West Indies, Mona, Jamaica  
Sep 2011 – Jun 2016

- Graduated with Distinction, ranked first in class overall
- Medical Protection Society Awardee
- Highest GPA 2013–2014; Honor Society inductee
- Dean's List 2011–2016

**BA, Anthropology** – Barnard College, Columbia University, New York  
Sep 2006 – Jun 2010

- Thesis: Power, Perception and Practice in a Peruvian Cervical Cancer Clinic
- Dean's List, 2006–2008, 2009–2010

## Professional Experience

**Internal Medicine Hospitalist** – Cleveland Clinic Indian River Hospital, Vero Beach, FL | Feb 2025 – Present

- Deliver comprehensive inpatient care for adult patients, managing acute illnesses and chronic disease exacerbations.
- Conduct diagnostic assessments, order investigations, and implement evidence-based treatment plans.
- Lead daily multidisciplinary rounds, ensuring continuity and coordination of care.
- Supervise allied health professionals, fostering clinical skill development.

**Internal Medicine Resident** – HCA Florida JFK Hospital / UM Miller School of Medicine GME Consortium | Jul 2021 – Jun 2024

- Completed rotations across inpatient wards, ICU, medicine subspecialties, primary care clinic, and emergency medicine.
- Managed admissions, diagnostic workups, treatment planning, and patient discharges under supervision.
- Participated in procedural training, emergency response teams, and safety initiatives.
- Presented clinical research on complex cases, linking hospital medicine and patient outcomes.

**Research Assistant** – University of Miami School of Nursing & Health Studies | Dec 2020 – May 2021

- Supported clinical and community-based research through recruitment and retention.
- Developed and implemented study materials, ensuring compliance with protocols and ethical standards.
- Contributed to projects bridging clinical medicine and public health interventions.

**Medical Physician** – Doc's House Physician & Surgeons, Jamaica | Aug 2019 – Feb 2020

- Provided primary and urgent care to patients in an outpatient setting.
- Diagnosed and managed acute conditions and chronic illnesses.
- Delivered preventive care and patient education to support continuity of care.
- Stabilized emergency cases for referral to advanced care facilities.

**Medical Physician** – Western Regional Health Authority, Jamaica | Jul 2016 – Aug 2019

- Delivered general practice services across hospital and community clinics for adult and pediatric populations in urban, rural and underserved environments.
- Participated in chronic disease programmes and preventive health screenings.
- Promoted community health through education and outreach campaigns.
- Coordinated with public health teams to support district-level care programmes.

## Research Experience

### **Medical Researcher** – Jamaica & Caribbean HIV/AIDS Programs | 2010-2011

- Conducted studies on HIV prevention, treatment outcomes, and epidemiology.
- Recruited and interviewed patients for ARV resistance and STI counselling projects.

### **Research Assistant** – University of Miami School of Nursing | Dec 2020 – May 2021

- Assisted with recruitment and data collection in community-based studies.
- Contributed to development of protocols and educational materials.

## Publications & Presentations

Williams R et al. Cerebral Hypoperfusion Syndrome. HCA-NSU Research Day; Nov 2023.

Williams R et al. Pancreatic Cancer and Late Onset Diabetes. HCA-NSU Research Day; Nov 2023.

Williams R, Menzione N. Infectious Sacroiliitis & Sphingomonas. HCA Research Day; May 2023

Menzione N, Williams R. Post-Viral Polyneuropathy due to Novel COVID-19 Pneumonia. HCA Research Day; Nov 2021.

Bowman K et al. Ventral Hernia Management. Arch Surg. 2010;145(8):776-780.

## Volunteer Experience

### **Medical Volunteer** - Mama's Mission | Trelawny, Jamaica | June 2025

- Provided community-based clinical care and health outreach for vulnerable populations

### **Reading Pal Mentor** – United Way of Broward County | Fort Lauderdale, FL | Sep 2020 – May 2021

- Mentored an assigned child weekly to strengthen literacy, comprehension and confidence

### **Research Volunteer** – Jamaica National HIV/STI/TB Programme | 2013 – 2016 (intermittent)

- Assisted with data collection and research on adherence, intervention and outcomes
- Contributed to health initiatives to improve preventive care and reduce health inequities

### **Clinical Volunteer** – University of the West Indies | Mona, Jamaica | 2008 – 2010 (intermittent)

- Assisted with HIV/STI counseling and prevention, patient education and community outreach

### **Peer Educator** – Barnard Columbia Rape Crisis/Anti-Violence Support Centre | 2007 – 2010

- Facilitated workshops and rallies on gender, consent, and violence prevention
- Advocated for equity, safety and awareness through outreach campaigns

## Professional Memberships / Service

- American Medical Association
- American College of Physicians